

N.G.C.I Menu

Non-Gluten Containing Ingredient Menu

The meals on this menu are made with ingredients which do not contain gluten or wheat.**

If you have an allergy or intolerance, please speak to a member of staff before you order your food and drinks.^

Full allergen information is available at the bar or visit village.marstons.co.uk. † Ask if we have a dedicated NGCI fryer.

Starters

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|--|--------------|---|--------------|
| <p>under 400 Cal</p> <p>Homemade Soup of the Day V
With Genius™ bread and butter.
Ask for today's choice</p> | <p>£4.25</p> | <p>under 300 Cal</p> <p>King Prawn Cup
On crisp mixed leaves with seafood sauce and Genius™ bread and butter.</p> | <p>£4.45</p> |
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Grazers

£4.25 each or all 3 for £10.75

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| <p>under 600 Cal</p> <p>Smothered Potato Wedges
Butler's Secret Cheddar, sour cream, guacamole and tomato salsa. V* Or Tomato Salsa and Guacamole V*</p> | <p>under 300 Cal</p> <p>BBQ Pulled Jackfruit Nachos V
Tortilla chips topped with pulled jackfruit and black beans in a smoky BBQ sauce. If you're unsure, ask one of our team to tell you about jackfruit!</p> |
| <p>under 600 Cal</p> <p>Hickory BBQ Pulled Pork Nachos 🍷
Tortilla chips topped with slow-cooked pulled pork marinated in a Hickory BBQ sauce, melted Butler's Secret Cheddar and jalapeños.</p> | |

Sandwiches

Served on Genius™ bread, with a mug of chips† **V*** or a dressed salad **V**.

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| <p>under 500 Cal</p> <p>Chicken Salad
Sliced roast chicken with mayonnaise, mixed leaves, sliced cucumber and beef tomato.</p> | <p>£5.25</p> | <p>under 500 Cal</p> <p>Tuna Mayonnaise</p> | <p>£5.15</p> |
| <p>Steak & Onion
Pan-fried strips of rump steak with fried onions topped with horseradish mayonnaise.</p> | <p>£6.45</p> | <p>under 600 Cal</p> <p>Hickory BBQ Pulled Pork & Butler's Secret Cheddar</p> | <p>£5.25</p> |
| <p>under 600 Cal</p> <p>Cheese & Chutney V*
Butler's Secret Cheddar and caramelised red onion chutney.</p> | <p>£5.45</p> | <p>under 600 Cal</p> <p>Butler's Secret Cheddar & Beans V</p> | <p>£4.85</p> |
| | | <p>under 400 Cal</p> <p>BBQ Pulled Jackfruit V
Pulled jackfruit and black beans in a smoky BBQ sauce.</p> | <p>£5.25</p> |

Jackets

With a dressed salad garnish.

Grilled Cheese Sandwiches

Served on Genius™ bread, with a mug of chips† **V*** or a dressed salad **V**.

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| <p>under 600 Cal</p> <p>Double Cheese & Red Onion V*
Sliced red onion and melted Butler's Secret Cheddar and Monterey Jack cheeses.</p> | <p>£5.95</p> | <p>under 600 Cal</p> <p>Hickory BBQ Pulled Pork
Slow-cooked pulled pork marinated in a Hickory BBQ sauce and melted Butler's Secret Cheddar.</p> | <p>£5.75</p> |
| <p>Chicken Tikka
Sliced chicken tikka with yoghurt and mint dressing and melted Butler's Secret Cheddar.</p> | <p>£5.75</p> | <p>under 600 Cal</p> <p>BBQ Pulled Jackfruit V*
Pulled jackfruit and black beans in a smoky BBQ sauce and melted Butler's Secret Cheddar. If you're unsure, ask one of our team to tell you about jackfruit!</p> | <p>£5.75</p> |

WHY NOT...
UPGRADE
YOUR CHIPS†
V* TO SWEET
POTATO FRIES†
V* FOR
£1

Curries

All our curries are served with long grain rice, poppadums and mango chutney.

Chicken Tikka Masala 🍗 **£9.45**
Chunks of chicken in a mildly spiced tomato and onion sauce, flavoured with coriander.

Butter Chicken 🍗 **£9.75**
Tender chicken breast pieces in a creamy and buttery curry sauce, flavoured with green chillies, turmeric, tomatoes, coriander, garlic and ginger.

Beef Madras 🍖🍗🍗🍗 **£9.95**
Diced beef in a fiery tomato-based sauce, flavoured with coconut and aromatic spices.


Roasted Vegetable Jalfrezi 🍅🍆🌿 **£9.75**
Roasted onions and potatoes with red and green peppers in a jalfrezi sauce.


🌿 When served without the poppadums.

Grills

UPGRADE YOUR CHIPS† V* TO SWEET POTATO FRIES† V* FOR £1

10oz Gammon Steak **£9.95**
With chips†, garden peas, a free range fried egg and a pineapple ring.
Light Bite also available

10oz Rump Steak **£10.95**
Served with chips†, garden peas and a grilled beef tomato wedge.
 When served only with a large salad and a grilled beef tomato wedge.

8oz Sirloin Steak **£11.25**
Served with chips†, garden peas and a grilled beef tomato wedge.
 When served only with a large salad and a grilled beef tomato wedge.

10oz 28 Day Aged Oxfordshire Rib Eye Steak **£13.75**
Served with chips†, garden peas and a grilled beef tomato wedge.





Mixed Grill **£15.95**
Half a chicken breast, 5oz seasoned rump and gammon steaks, a pork sausage and a free range fried egg. Served with chips†, garden peas and a grilled beef tomato wedge.

Grill Toppers:

Two Free Range Fried Eggs 🌿 **£1**
Sautéed Mushrooms 🌿 **£2.05**
Peppercorn Sauce **£1.60** | **Diane Sauce** 🌿 **£1.60**
Pineapple Ring 🌿 **50p**

† Ask if we have a dedicated NGCI fryer

🌿 Suitable for vegetarians or vegetarian option available. 🌿 Suitable for vegans. V* V** We cannot guarantee that our vegetarian or vegan dishes have been cooked in dedicated fryers. Please ask a member of staff for more information. ^ ** However, as we use other foods containing gluten in our kitchens we cannot declare that any of our dishes are gluten or wheat free. All food is prepared in kitchens where nuts, gluten and other allergens are present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available at the bar or visit village.marstons.co.uk.


    Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces that may be added by the customer. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. 1oz equals 28.3g. All weights are approximate prior to cooking. Our chicken dishes may contain bones. Aero® is a Registered Trademark of Société des Produits Nestlé S.A. We regret we cannot guarantee that any of our dishes are free from nuts or nut derivatives. Cadbury is a registered trademark of Mondelez International. Please drink responsibly. Alcohol is not available to persons under 18 years of age.

Mains

We've suggested our favourite accompaniments, but if you would prefer something else, just ask.

Hunter's Chicken **£8.65**
Grilled chicken breast topped with crispy bacon, smoked BBQ sauce and melted Butler's Secret Cheddar. Served with chips† and a dressed side salad.
Light Bite also available

Sausage & Cheesy Mash **£8.65**
Grilled pork sausages served on a bed of either Cheddar or Stilton infused mashed potato with garden peas and a jug of gravy.

 **Grilled Chicken & Bacon Salad** **£8.20**
Strips of chicken breast and crispy bacon on a bed of dressed mixed leaves, tomato, red peppers, cucumber and radish.

Mushroom, Butternut Squash & Pinot Grigio Rigatoni 🌿 **£8.75**
Chestnut, Portobello and Porcini mushrooms in a rich indulgent Pinot Grigio cream sauce with rocket and rigatoni pasta finished with roasted butternut squash. Served with a dressed side salad.

Sides & Extras

Sweet Potato Fries† V* **£2.95**
Chips† V* **£2.50**
Genius Bread and Butter 🌿 **£1.00**
Dressed House Salad 🌿 **£1.95**
Homemade Coleslaw 🌿 **£1.50**
Corn on the Cob 🌿 **£1.50**
Without Butter 🌿 **£1.50**
Seasonal Vegetables V* **£1.95**


Puddings

Chocolate Fudge Cake 🌿 **£4.25**
Layers of rich chocolate sponge with sticky chocolate fudge icing, served warm or cold with pouring cream.

Ice Cream Sundaes

Minty Sundae 🌿 **£4.25**
Beechdean™ Mint choc chip and vanilla pod ice creams, mint Aero® bubbles, chocolate sauce and cream.

Chocolate Indulgence Sundae 🌿 **£4.25**
Beechdean™ Belgian chocolate and vanilla pod ice creams, layered with chocolate sauce and finished with cream and Cadbury® chocolate Flakes.

 **Dairy Free Ice Cream Sundae** 🌿 **£4.25**
Beechdean™ Vanilla flavoured ice cream, made with creamy coconut milk, topped with raspberry sauce.

Build Your Own Ice Cream Sundae 🌿 **£4.25**
Choose 3 scoops of Beechdean™ ice cream and a sauce: strawberry, chocolate or toffee fudge. topped with cream and a Cadbury® chocolate Flake.

- Vanilla Pod
- Belgian Chocolate Truffle
- Mint Chocolate Chip
- Strawberries and Cream